

**A Letter from Our Pastor**

This weekend the entire Archdiocese will hear from Archbishop Wilton Gregory by audio address on the Annual Appeal. This once a year effort invites us to participate in the ministries carried out by the local church, beyond the running of the parish or the diocesan offices. My hope is that you will review the program found in the pew or the vestibule that speaks more specifically of the 60 Catholic programs and ministries in the area supported by your gift. Last week I mentioned being approached by a young woman with an unanticipated pregnancy. In addition to giving encouragement, I was also able to connect her with tangible help through the church. In another case I received an urgent phone message while offering the Mass asking to anoint a dying parishioner at a local hospital. When I called back I found that the priest chaplain, whose position is made possible by the Appeal, was able to give her the sacraments at that critical moment. This weekend, John McMahon, a parishioner and now seminarian for the Archdiocese, will be with us. The education of almost 70 men for the priesthood and service here in MD and DC is made possible by your contribution. The list goes on.

It is sometimes pointed out (but perhaps not enough) that the Catholic Church is the largest provider of health-care, education, sustenance and shelter for the needy, after the government. Every penny given to the Annual Appeal goes to these programs. For this reason it is the biggest single charitable contribution I make each year because I know it is run effectively, serves locally, and provides for so many. I hope you will consider doing the same, to the degree you are able. It is more than simply a sharing of your blessings, but helps fulfill the gospel heard last weekend, **“Your light must shine before others, that they may see your good deeds and so glorify your heavenly Father.”** Matthew 5:16

- Msgr. Edward Filardi

**Masses for the Week**

<b>Monday, February 17th</b> (Gospel reading: Mk. 8: 11-13)		
7:00 AM	NO MASS	
8:00 AM	+ Deacon John Shewmaker	Msgr. Filardi
12 NOON	Thanksgiving	Fr. Ubau
<b>Tuesday, February 18th</b> (Gospel reading: Mk. 8: 14-21)		
7:00 AM	Int. Keith Fr. Keith Burney	Fr. Ubau
8:00 AM	Holy Souls in Purgatory	Fr. Ubau
12 NOON	+ Leah Dunn	Fr. Ubau
<b>Wednesday, February 19th</b> (G. reading: Mk. 8: 22-26)		
7:00 AM	+ Spencer Lunde	Fr. Ubau
8:00 AM	Holy Souls in Purgatory	Fr. Ubau
12 NOON	+ Jim Stouffer	Fr. MacFarlane
<b>Thursday, February 20th</b> (Gospel reading: Mk. 8: 27-33)		
7:00 AM	Int. All OLOL Priests	Fr. Ubau
8:00 AM	+ Steve Mooney	Fr. Ubau
12 NOON	+ Eleanor Teti	Fr. Ubau
<b>Friday, February 21st</b> (Gospel reading: Mk. 8: 34 - 9: 1)		
7:00 AM	+ Joseph Can Ngoc Pham	Fr. Ubau
8:00 AM	+ Margaret D. O'Connor	Fr. Ubau
12 NOON	+ Katherine Everard	Fr. Ubau
<b>Saturday, February 22nd</b> (G. reading: Mt. 16: 13-19)		
8:00 AM	Int. Sheridan Family	Msgr. Filardi
11:00-11:55 AM	Confessions	Msgr. Filardi
12 NOON	Int. Jim & Nancy Flaherty	Fr. Ubau
4:00-4:45 PM	Confessions	Fr. Ubau
5:00 PM	+ Grace Link	Msgr. Filardi
<b>Sunday, February 23rd</b> (Gospel reading: Mt. 5: 38-48)		
7:30 AM	Priest's Intentions	Fr. Ubau
9:00 AM	Priest's Intentions	Msgr. Filardi
10:30 AM	Priest's Intentions	Fr. Ubau
12 NOON	People of the Parish	Msgr. Filardi
1:30 PM	People of the Parish	Fr. Ubau

The Priests' schedule is subject to change without notice. Because of printing deadlines, Mass intentions requested less than two weeks ahead might not appear in the bulletin. Masses are offered for the names/intentions written in the parish intention book. The graces of each Mass are applied to the persons listed in the book regardless of whether they appear in the bulletin or are mentioned during the Mass.

**Ash Wednesday is February 26th, 2020. It is not a holy day of obligation. The Mass schedule is as follows: 7:00am, 8:00am, 9:00am, 12:00 Noon, 5:30pm, and 7:00pm. All Masses will be in English.**

Please note that Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence. For members of the Latin Catholic Church, the norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onward.



**Please note that Monday, February 17, 2020, President's Day, is a Federal Holiday. The rectory office will be closed and there will no 7:00am Mass.**

**RELIGIOUS EDUCATION**  
301-654-5954

**“You are the salt of the earth . . . You are the light of the world”** (Gospel of Saint Matthew 5:13). These words were addressed by Jesus to His disciples. Because the words Our Lord spoke at a specific moment in time, and in a particular place, were for all time to His disciples in every age. These words continue to echo through the ages. Each word of Christ is relevant to each one of us and is contemporary and personal.

What is Christ really saying to you and me? How committed are we as a Christian to being a disciple of Christ? Isaiah gives us a hint we can use as a test: “Share your bread with the hungry; shelter the homeless poor; clothe the naked one you see: (Is. 58: 7-10). This is not always an easy test for many of us . . .

The point of this illustrations is to ask: Are we concerned for other people? Are we concerned to make society a better place for all of us? Not in a great and dramatic way, but rather like the use of salt. We don't see the salt in soup, but we know when it is not there. This should be our role—a quiet influence, an attitude of love.

Saint Paul gives another hint: “I have not come as a great philosopher, I did not come for great arguments. The thing I have to offer is Christ Jesus” (1Corinthians 2:1-5). Faith does not depend on human philosophy but on the power of God. We become recipients of that power of God, channels of that power, through our life of prayer and the Sacraments. There are two very clear and obvious tests of how committed we are as disciples: our commitment to the Sacraments and our search through prayer to explore the meaning of God and the love He has for us. Of course, there is also the test of our love of God in our attitude to others.

(Source: *The Mystery of the Incarnation*, © 1999 by Cardinal Basil Hume; Paraclete Press, 2000; pages. 39,40, 41)

**2020 Lenten Schedule:**

**Fridays in Lent starting February 28:**

There will be Stations of the Cross at 11:00am and 6:30pm and Lenten Movie Night at 7:15pm in the Library Media Center.

**Wednesdays in Lent, starting March 4:**

*The Light is On for You* (Confessions) will be from 6:00 - 7:00pm.

**Adult Bible Study:**

**Jesus The Way, The Truth, and the Life:**



Is a 10-week video study program and book beginning at Our Lady of Lourdes on Tuesday, March 16, 2020. Anchored in the life of Christ as presented in the Gospels, this study explores the entirety of Jesus' life—Who He is, what He is really like, what He taught, what He did for our salvation, and what all of this means for us as Catholics today.

Presented by Dr. Marcellion D'Ambrosio, Jeff Cavins, and Dr. Edward Sri, this study was filmed in the Holy Land so Catholics can experience the extraordinary world in which Jesus lived and taught—the historical context, the politics, the clashing cultures, the history, and the ancient land—and see where the most significant events of His life took place, from His Infancy to His Ascension. Fliers to come.

**Save the Date for the Lenten Food Drive:**

To benefit families in need, local parish food pantries and food banks. Bags will be distributed the weekend of **March 14 -15**. The Lenten Food Drive will take place **the weekend of March 21 - 22**.

**This Weekend, February 15 - 16, 2020:  
Our Lady of Lourdes will Ask you to  
Prayerfully Consider your Gift to the  
2020 Annual Appeal:**

This weekend, brochures and frequently asked questions about the Annual Appeal are available in our church to help inform your giving. You may also visit the Annual Appeal website at: [appeal.adw.org](http://appeal.adw.org).

The Annual Appeal supports more than 60 ministries and programs that benefit countless women, men, children and families in churches in the Archdiocese of Washington, including within our own parish and local community.

As in every year, 100% of your contribution to the Annual Appeal will be designated to the ministries and programs supported by the Appeal. Thank you for your prayerful consideration.

**Save the Date: February 25:  
Bethesda 40 Days for Life Kick Off Event:**

The Bethesda 40 Days for Life Spring Campaign runs Wednesday, February 26 - April 5, 2020. Join us for our Kick Off event on **Tuesday, February 25, from 7:00-8:00pm** at Our Lady of Lourdes Church, Bethesda.

Our keynote speaker will be Sr. Lucy of the Sisters of Life. The goal of the campaign is to pray and fast for the end of abortion. We will be praying at the Bethesda vigil site, Carhart's late term abortion facility, located at 10401 Old Georgetown Road from 7:00am - 7:00pm every day. You can sign up at: [40daysforlife.com/bethesda](http://40daysforlife.com/bethesda). For additional information, email Jill Gadwood at [jill.gadwood@gmail.com](mailto:jill.gadwood@gmail.com).

**Second Annual Seminarian Support Knights  
of Columbus Cash Bingo and Dinner:  
Friday, February 21:**

Mother Seton Parish Center doors open 5:00pm for Dinner, Bingo starts at 7:00pm. Over \$1500 in cash prizes! Admission is \$25 per player with an extra door prize ticket if paid by February 14, \$30 per player after February 14 (if not sold out again). Admission includes a door prize raffle ticket, a single 3 by 20 game book, dinner, dessert, snacks *and fun*. Must be 18 or older to attend and no alcohol is allowed. For more information and to register, including reserved seating for 8 seat table player groups, contact Warren Pfister at [wpfreetoroam@gmail.com](mailto:wpfreetoroam@gmail.com). If February 21 does not fit your schedule or Bingo is not your thing, donations are also welcome.

**The Order of Malta Invites you to Attend  
Lourdes Anointing Mass:**

**For the Sick, Disabled, Elderly  
and their Companions:**

**Taking place on Saturday, March 7, 2020 at 10:00am**  
at Our Lady of Mercy Church, 9200 Kentsdale Drive  
Potomac, MD.

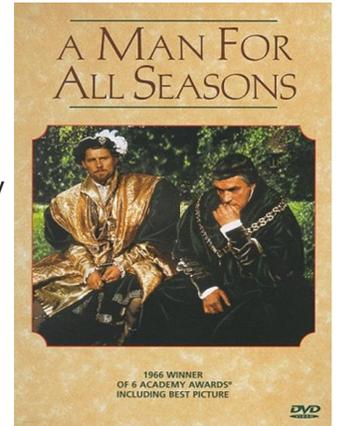
Our Lady of Mercy is completely accessible and there is plenty of free parking. Members of the Order of Malta will be present to help people throughout the morning.

Complimentary lunch to follow in the Parish Hall.  
For more information please contact Joan Glasgow at  
301-807-7500 or [glasgow778@gmail.com](mailto:glasgow778@gmail.com).

**OLOL Lenten Friday Meal and  
Religious Movie:**

**Beginning on Friday,  
February 28,**

following the Stations of the Cross, we will gather in the OLOL School Library Media Center for a simple meatless Lenten meal with a religiously themed movie. The first movie will be "A Man for All Seasons". This highly acclaimed and beautifully filmed movie tells the dramatic story of Saint Thomas More (played by Paul Scofield) and his principled stand against the policies of King Henry VIII. The film won six Academy Awards including Best Picture and Best Actor. Please join us and bring a meatless meal contribution. The series will continue with "Pope John Paul II" (March 6 and 13), "Bella" (March 20), "Courageous Heart of Irena Sendler" (March 27), and "The Passion of the Christ" (April 3). For questions, contact Phil Sheridan at 301-654-4255.



**Worldwide Marriage Encounter Weekend:**

Learn the tools of forgiveness and healing on the next Worldwide Marriage Encounter weekend on February 28 – March 1, 2020. The weekend is in College Park, MD. Give your marriage a Valentine's gift you won't forget! Apply on: [moments4marriage.org](http://moments4marriage.org). Seats are still available. Please apply as soon as possible. For more information leave a message at 301-541-7007.

**Mass with Healing Prayers for  
Children and Families:**

All families are welcome as we celebrate a teaching Mass with Healing Prayers for Children and Families at St. Andrew Apostle in Silver Spring on **Friday, February 21 at 6:30pm**. Following a teaching mass for children, families will be invited forward to kneel together before Our Lord in adoration, and the children will receive healing prayers through the priesthood. Confession will also be available throughout the evening. Please visit: <https://standrewapostle.org/worship/masses-with-healing-prayers/> for more information.

***Blessed Sacrament Bereavement  
Support Group:***

The Shrine of the Most Blessed Sacrament at 3630 Quesada Street, NW Washington, DC, 20015-2538, will offer an eight-week bereavement support group series for adults who have experienced the death of a parent, spouse, child, sibling or significant other.

The Spring series will begin **Tuesday, February 25**, and continue for eight consecutive Tuesdays through April 14, 2020 from 7:00-8:30 pm. There is no fee but **REGISTRATION IS REQUIRED**. For more information contact Jim Hoffman at [hoffmanlpc@gmail.com](mailto:hoffmanlpc@gmail.com) or 202-577- 2213.

***Study of Saints:***

Have you ever prayed for the intercession of a Saint? Often times when we do, we are invariably in need of something. Praying for the intercession of a Saint is like sending out an S.O.S. call for help. In this book club, we will read works by or about Saints. Through this Study of Saints (SoS), we will learn about the martyrs and religious who have dedicated their lives to God and learn what they are the Patron Saints of. By knowing our patron Saints, we can understand better whose constant intercession we can rely upon in sending our own SOS. The club meets on the fifth Sundays from 3:00-4:00pm in the Delacroix Conference Room at Our Lady of Lourdes. Enter through the glass doors on the driveway at the front of the church.

**The next meeting is March 29, 2020**, on *The Confessions of St Augustine of Hippo*, Ignatius Press 2012. Also free online at: <https://www.gutenberg.org/files/3296/3296-h/3296-h.htm>.

***The Upcoming Academy of the Holy Cross  
Gala & Auction on March 21, 2020 is the  
Biggest Fundraiser of the Year  
for the AHC School.***

The funds raised will directly benefit all of our girls. Each year we include Parish advertisements in the Gala Catalog that feature both current students and alumni. It is a simple and inexpensive way for Tartan families to show support for both Our Lady of Lourdes Catholic Church, and the Academy of the Holy Cross.

**Register for your parish ad HERE:** <https://academyoftheholycross.ejoinme.org/2020ParishAd>.

Please remember to include NAME and AHC GRADUATION YEAR for all family members you want included.

***January Ignatian Weekend Retreat:  
"Lord teach us to Pray:"***

**February 28 - March 1: Men**

Fee: \$245, First-time retreatants and Young adults (under 30) \$195.  
For more information contact Angel Restrepo at 301-392-0801.



***Please Join Us at a  
Loyola Retreat House Day of Prayer:***

**February 24, 2020: *The Greatest of these is Love***  
**March 9 and April 6, 2020: *Our Hope is in the Cross***  
**May 4, 2020: *Behold the Handmaid of the Lord***

Each Day of Prayer begins at 9:00am and includes: Continental Breakfast, Lunch and Mass. Fee: \$40.  
**To register visit:** <https://loyolaontheopotomac.com/registration-3/other-registration-form-10/>.

***FertilityCare for Natural Family Planning and  
Women's Health:***

Please join us for a free introductory lecture on FertilityCare. Therese Rodriguez, RN, FCP, FertilityCare Practitioner will present a lecture on the basics of FertilityCare for natural women's health and family planning. FertilityCare is a method of holistic fertility awareness that can benefit women from teens through the menopausal years. Couples are encouraged to attend together. Information will be provided about private follow up sessions and materials for purchase.

The next lecture will take place on **Wednesday, February 12, 2020 from 7:00 - 9:00pm.**

To register, call 301-754-8800 or visit: [HolyCrossHealth.org](http://HolyCrossHealth.org).

**Altar Flowers:**



If you would like to donate the Altar Flowers for a special intention, a special occasion, or in memory of a loved one, please call the parish office or email: [sgolden@lourdesbethesda.net](mailto:sgolden@lourdesbethesda.net) or [ctoms@lourdesbethesda.net](mailto:ctoms@lourdesbethesda.net). The donation for the flowers is \$150.00.

**Deceased in Our Parish:**

Please pray for our deceased brothers and sisters, especially **Gerard Burke**.

**Bulletin Deadline:**

Please have your printed notices at the Rectory office or emailed to [office@lourdesbethesda.net](mailto:office@lourdesbethesda.net) by **Monday at 3:00 PM**.

**Ministry to the Elderly and Homebound:**

If a parishioner is ill or unable to attend Mass and would like to receive the Eucharist, please call our coordinator, **Margaret Carroll at 301-325-6398**.

**OLOL Sunday Meal For the Poor and Homeless:**

Takes place every Sunday from 4:00-6:00pm in the school cafeteria. If you'd like to volunteer to help serve the meal, sign up at: <http://vols.pt/3XNY26>. **Please, only come to volunteer if you've signed up ahead of time** — otherwise we tend to have more volunteers than we need. If you'd like to donate food for the meal, please bring it to the cafeteria on Sunday from 4:15-4:45 (use the blue door to the left of the school's main entrance). Food should be pre-cooked if cooking is needed. If you have any questions about the meal, send an email to [OLOLSundayMeal@gmail.com](mailto:OLOLSundayMeal@gmail.com) or call Dan Keen at 301-564-0077.

Volunteers also operate a "clothes closet" where our guests can obtain donated clothing. Bring donations from 4:30 to 5:15pm on Sundays (the room is down the long hallway from the cafeteria) or contact Dan Keen to arrange a pick-up at your home. Clothes to help keep our guests warm in the fall and winter are most needed now. We have very limited need for children's clothing or for formal clothing (suits, etc.) Please, nothing stained or torn.

**Finance & Administration:**

*"How shall I make a return to the Lord for all the good He has done for me?" (Psalm 116:12)*



**Feast of the Presentation 2020  
Offertory: \$9,780**

**Our February Poor Box will be going to Maryland Right for Life. They are an organization that recognizes the fundamental value of every human life. MDRTL works to protect all human life by working to make abortion, infanticide, euthanasia, and the destruction of human embryos socially, legally, and morally unacceptable and by promoting positive alternatives to these acts. Thank you for your support.**

**Por favor, para ser parroquiano registrado, usted debe llenar y regresar la aplicación de abajo. A partir de ese momento usted recibirá vía correo una registración más detallada la cual usted debe llenar y regresar. Esto nos da información importante, como su información personal, los sacramentos que usted haya o no recibido, métodos de cómo prefiere usted colaborar en la misa dominical, etc. Por favor comuníquese con Claire Toms at [ctoms@lourdesbethesda.net](mailto:ctoms@lourdesbethesda.net) si tiene alguna pregunta.**

**Moving In, Out or Within the Parish?**

Please help us keep our records up-to-date by filling out this form and dropping it in the collection basket or rectory mail slot. Thank you.

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

\_\_\_\_ I/we am/are new to the parish. Welcome!

\_\_\_\_ Change of address within the parish. Thank you!

\_\_\_\_ I/we am/are moving out of the parish. God be with you!

## Noticias en Español – 16 de Febrero de 2020



### Jesucristo ha venido a traer plenitud

«Lo primero, ir a lo esencial. No quiere decir “romper con todo”, romper con aquello que no se acomoda a nosotros, porque tampoco Jesús vino “a abolir la ley, sino a llevarla a su plenitud”. Ir a lo esencial es más bien ir a lo profundo, a lo que cuenta y tiene valor para la vida. Jesús enseña que la relación con Dios no puede ser un apego frío a normas y leyes, ni tampoco un cumplimiento de ciertos actos externos que no llevan a un cambio real de vida. Tampoco nuestro discipulado puede ser motivado simplemente por una costumbre, porque contamos con un certificado de bautismo, sino que debe partir de una experiencia viva de Dios y de su amor. El discipulado no es algo estático, sino un continuo camino hacia Cristo; no es simplemente el apego a la explicitación de una doctrina, sino la experiencia de la presencia amigable, viva y operante del Señor, un permanente aprendizaje por medio de la escucha de su Palabra». (Homilía de S.S. Francisco, 9 de septiembre de 2017).

### Anuncios

- El 26 de Febrero es Miercoles de Ceniza. Próximamente se anunciarán los horarios en que habrá Misa.
- Los invitamos a participar en el Retiro de Cuaresma en español el Sábado 29 de Febrero de 8:30am a 3:15pm en la cafetería de la Escuela. Habrá reflexiones, confesiones y cuidado de niños. Favor de traer algo de comida para compartir en el almuerzo.
- El 14 y 15 de Marzo serán distribuidas bolsas en las cuales usted podrá donar alimentos para familias necesitadas. Deberá traer los alimentos el 21 y 22 de Marzo.
- Todos los domingos a las 11:45am en la cafeteria de la escuela tendremos actividades en español para todos los que gusten participar. Habrá charlas, confesiones y exposición del Santísimo Sacramento. Todos son bienvenidos.

### Regístrese o mantenga Actualizada su información:

Recorte el siguiente formato de inscripción y entréguelo en la Misa junto con la colecta o llévelo a la Rectoría.

- Soy (somos) nuevo(s) en la Parroquia. **Queremos inscribirnos.**
- Llevo (tenemos) ya tiempo asistiendo a esta parroquia y **queremos inscribirnos.**
- Estoy (estamos) inscritos y **esta es la nueva dirección.**
- Ya no podré volver a esta parroquia. **Favor eliminar mi nombre de la lista.**

Por favor marque  
con una  según  
corresponda

NOMBRE: \_\_\_\_\_

DIRECION: \_\_\_\_\_ APTO: \_\_\_\_\_ CIUDAD: \_\_\_\_\_

CODIGO POSTAL: \_\_\_\_\_ TELEFONO: \_\_\_\_\_ CORREO ELECTRONICO: \_\_\_\_\_