

**A Letter from Our Pastor**

Stunned by the news of Kobe Bryant's sad demise, many were encouraged and comforted at the revelation that he and his daughter had attended Mass earlier that Sunday morning. Coincidentally, the reading for that day from the Office of Readings (required daily reading for priests and recommended for all) spoke of the importance of the Sunday liturgy. It was a passage from the Constitution on the Sacred Liturgy of the Second Vatican Council (1963). A few quotes, "Christ is always present to his Church, especially in the actions of the liturgy. ... Indeed, in this great work which gives perfect glory to God and brings holiness to men, ...the Church gives worship to the Eternal Father. ... In the liturgy on earth we are given a foretaste and share in the liturgy of heaven. On Sunday the Christian faithful ought to gather together. ... The Lord's day is therefore the first and greatest festival, one to be set before the loving devotion of the faithful and impressed upon it, so that it may be also a day of joy and of freedom from work. Other celebrations must not take precedence over it." nn. 7-8 Is Sunday for you a day of prayer, of joy, of rest?

That same day, before hearing of the tragic news from California, I had set aside an obituary I had just read. Clayton Christensen (67) was a professor at the Harvard Business School and a "management guru." A man of committed faith, one of his books is titled, "How Will You Measure Your Life". It advises aspiring entrepreneurs to create "a strategy for living a good life." "Having a clear purpose mattered more than mastering core competence." This means setting principles and making hard choices. He recounted a tough decision while playing basketball at Oxford University. He infuriated his team by refusing to play a championship game on a Sunday. (Back then organized sports on Sundays were generally avoided.) Mr. Christensen later wrote, "Had I crossed the line that one time, I would have done it over and over in the years that followed."

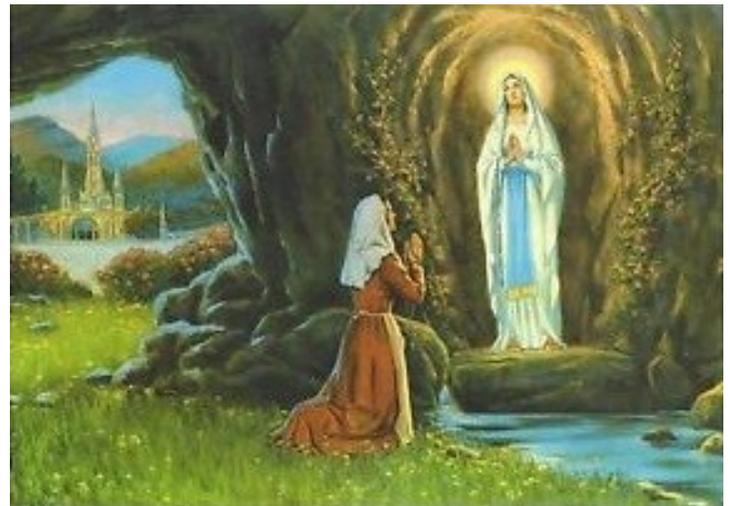
I am inclined to think that perhaps in recent times the Church, in its pastors and people, has been lured into an unintentional deal with the devil. How? By accommodating so many activities on Sunday, as well as the proliferation of Sunday evening liturgies. (Sometimes affectionately referred to as a "Last Mass for before hell.") While done, no doubt, out of generosity, I wonder if these only contribute to the diminishment of Sunday worship, the "precedence" it is meant to take, and the repose meant to mark this sacred day.

**- Msgr. Edward Filardi**

**Masses for the Week**

<b>Monday, February 10th</b> (Gospel reading: Mk. 6: 53-56)		
7:00 AM	Int. Newly Ordained Priests	Fr. Ubau
8:00 AM	+ George Onderchek	Fr. Ubau
12 NOON	+ Mr. & Mrs. Albert Schuelke	Msgr. Filardi
<b>Tuesday, February 11th</b> (Gospel reading: Mk. 7: 1-13)		
7:00 AM	Int. Ignacio Barreiro	Msgr. Filardi
8:00 AM	Holy Souls in Purgatory	Msgr. Filardi
12 NOON	+ Margaret Nolan	Fr. Ubau
<b>Wednesday, February 12th</b> (G. reading: Mk. 7: 14-23)		
7:00 AM	Holy Souls in Purgatory	Fr. Ubau
8:00 AM	+ Maggie Riddle	Fr. Ubau
12 NOON	+ Mr. & Mrs. Charlie Luby	Msgr. Filardi
<b>Thursday, February 13th</b> (Gospel reading: Mk. 7: 24-30)		
7:00 AM	+ Peter Rudnicki	Msgr. Filardi
8:00 AM	+ Geraldine Taylor	Msgr. Filardi
12 NOON	+ Mary Elaine Gallagher	Fr. Ubau
<b>Friday, February 14th</b> (Gospel reading: Mk. 7: 31-37)		
7:00 AM	+ Rosemary Perry	Fr. Ubau
8:00 AM	Holy Souls in Purgatory	Msgr. Filardi
12 NOON	+ Ruth Ryan	Msgr. Filardi
<b>Saturday, February 15th</b> (Gospel reading: Mk. 8: 1-10)		
8:00 AM	+ Jose Antonio & Florinda Garcia	Fr. Ubau
11:00-11:55 AM	Confessions	Msgr. Filardi
12 NOON	+ Carol Sheridan	Fr. Ubau
4:00-4:45 PM	Confessions	Fr. Ubau
5:00 PM	+ Joseph Can Ngoc Pham	Msgr. Filardi
<b>Sunday, February 16th</b> (Gospel reading: Mt. 5: 17-37)		
7:30 AM	Priest's Intentions	Msgr. Filardi
9:00 AM	Priest's Intentions	Fr. Ubau
10:30 AM	Priest's Intentions	Msgr. Filardi
12 NOON	People of the Parish	Fr. Ubau
1:30 PM	Priest's Intentions	Fr. Ubau

The Priests' schedule is subject to change without notice. Because of printing deadlines, Mass intentions requested less than two weeks ahead might not appear in the bulletin. Masses are offered for the names/intentions written in the parish intention book. The graces of each Mass are applied to the persons listed in the book regardless of whether they appear in the bulletin or are mentioned during the Mass.



## FIFTH SUNDAY IN ORDINARY TIME

### RELIGIOUS EDUCATION 301-654-5954 *World Marriage Sunday*

There is a theme in both Saint Therese of Lisieux and Saint Bernadette: they have profoundly changed our approach to spirituality and to learning the faith. Both were French; both were uneducated. Bernadette could not read or write; Therese could read and write but had very limited knowledge of life. Bernadette was very important in her lifetime, but when she died people lost interest in her. Therese was totally unimportant during her life but became very important after her death (Saint Therese and Saint Francis Xavier are the patrons for the missionaries.)

Therese lived in the time of the Jansenism heresy (a spirituality based on fear; the idea of the love of God was not in their way of thinking). Therese completely revolutionized that. In her cell where she died she had scratched on the words "*Jesu est mon unique amour*" (Jesus is my only love"); while Therese was going through a great crisis of emptiness and darkness. She had to affirm her faith; and her message to the world is that you cannot grow in holiness except through prayer and a certain degree of suffering. The Lord is saying to Therese and to us that we cannot be a good missionary unless we are persons who pray and who know how to accept and cope with suffering. A message very relevant today.

The two saints are called at this special time to give an important message to the Church: Therese about spirituality, Bernadette about faith. Bernadette had to postpone her first Holy Communion because she could not learn the Creed. Yet, she had an understanding of what was taking place which went far beyond her technical knowledge of the Catechism. Her great contribution has been to strengthen people's faith. That is the secret of Lourdes.

(Source: *The Mystery of the Incarnation* © 1999 Cardinal Basil Hume; Paraclete Press, 2000; All rights reserved; pgs 91-92)

Mon. Feb. 10: Saint Scholastica Feast Day; twin of Saint Benedict; born in Nursia Italy

Tues. Feb. 11: Our Lady of Lourdes; our Patronal Feast Day

Fri. Feb. 14: Saint Valentine's Feast Day

### *2020 Lenten Schedule:*

#### **Fridays in Lent starting February 28:**

There will be Stations of the Cross at 11:00am and 6:30pm and Lenten Movie Night at 7:15pm in the Library Media Center.

#### **Wednesdays in Lent, starting March 4:**

*The Light is On for You* (Confessions) will be from 6:00 - 7:00pm.

### ***Celebration of the Feast of Our Lady of Lourdes on February 11:***

On Tuesday, February 11, our parish will celebrate the feast of Our Lady of Lourdes, our patron saint. Starting at 7:00pm in the church, this observance will include a Holy Hour with rosary, a meditation time, and Benediction. Weather permitting, we will then have a procession with candles and hymn singing to the outside grotto.

A reception will follow in the church vestibule, sponsored by the Ladies of Lourdes. Please consider bringing beverages, finger foods, and desserts with a French theme in honor of St. Bernadette. **All parishioners are encouraged to participate.** For details and questions, or to volunteer to help, please contact Barbara Black at [fsbbob@verizon.net](mailto:fsbbob@verizon.net) or 301-652-0749.

### **Next Weekend, February 15 - 16, 2020: Our Lady of Lourdes will Ask you to Prayerfully Consider your Gift to the 2020 Annual Appeal:**

This weekend, brochures and frequently asked questions about the Annual Appeal are available in our church to help inform your giving. You may also visit the Annual Appeal website at: [appeal.adw.org](http://appeal.adw.org).



The Annual Appeal supports more than 60 ministries and programs that benefit countless women, men, children and families in churches in the Archdiocese of Washington, including within our own parish and local community.

As in every year, 100% of your contribution to the Annual Appeal will be designated to the ministries and programs supported by the Appeal. Thank you for your prayerful consideration.

### ***Save the Date for the Lenten Food Drive:***

To benefit families in need, local parish food pantries and food banks. Bags will be distributed the weekend of **March 14 -15**. The Lenten Food Drive will take place **the weekend of March 21 - 22**.

***Holy Family Celebration –  
Living the Family Rosary Today:***

Join other Catholic couples and families for a Holy Family Celebration at the Saint John Paul II National Shrine **on Saturday, February 15 from 1:30pm to 7:00pm**. The theme for this year will be *Living the Family Rosary Today*. This event features catechesis for couples, children, and teens. Mass with Consecration to the Holy Family will be followed by a book signing, food, and activities for children. RSVP at: [HolyFamilyCelebration.eventbrite.com](https://www.eventbrite.com/e/holy-family-celebration-living-the-family-rosary-today).

***The Upcoming Academy of the Holy Cross  
Gala & Auction on March 21, 2020 is the  
Biggest Fundraiser of the Year  
for the AHC School.***

The funds raised will directly benefit all of our girls. Each year we include Parish advertisements in the Gala Catalog that feature both current students and alumni. It is a simple and inexpensive way for Tartan families to show support for both Our Lady of Lourdes Catholic Church, and the Academy of the Holy Cross.

**Register for your parish ad HERE:** <https://academyoftheholycross.ejoinme.org/2020ParishAd>.

Please remember to include NAME and AHC GRADUATION YEAR for all family members you want included.

***The Order of Malta Invites you to Attend  
Lourdes Anointing Mass:***

***For the Sick, Disabled, Elderly  
and their Companions:***



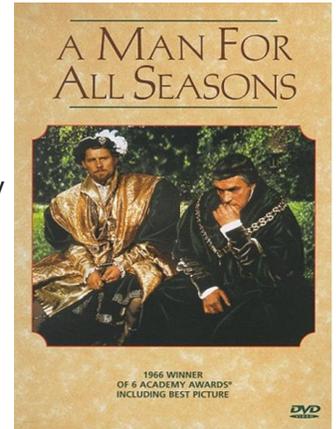
**Taking place on Saturday,  
March 7, 2020 at 10:00am** at Our Lady of Mercy Church, 9200 Kentsdale Drive Potomac, MD. Our Lady of Mercy is completely accessible and there is plenty of free parking. Members of the Order of Malta will be present to help people throughout the morning.

Complimentary lunch to follow in the Parish Hall. For more information please contact Joan Glasgow at 301-807-7500 or [glasgow778@gmail.com](mailto:glasgow778@gmail.com).

***OLOL Lenten Friday Meal and  
Religious Movie:***

**Beginning on Friday,  
February 28,**

following the Stations of the Cross, we will gather in the OLOL School Library Media Center for a simple meatless Lenten meal with a religiously themed movie. The first movie will be "A Man for All Seasons". This highly acclaimed and beautifully filmed movie tells the dramatic story of Saint Thomas More (played by Paul Scofield) and his principled stand against the policies of King Henry VIII. The film won six Academy Awards including Best Picture and Best Actor. Please join us and bring a meatless meal contribution. For questions, contact Phil Sheridan at 301-654-4255.



***Mass with Healing Prayers for  
Children and Families:***

All families are welcome as we celebrate a teaching Mass with Healing Prayers for Children and Families at St. Andrew Apostle in Silver Spring on **Friday, February 21 at 6:30pm**. Following a teaching mass for children, families will be invited forward to kneel together before Our Lord in adoration, and the children will receive healing prayers through the priesthood. Confession will also be available throughout the evening. Please visit: <https://standrewapostle.org/worship/masses-with-healing-prayers/> for more information.

***Second Annual Seminarian Support Knights  
of Columbus Cash Bingo and Dinner:  
Friday, February 21:***

Mother Seton Parish Center doors open 5:00pm for Dinner, Bingo starts at 7:00pm. Over \$1500 in cash prizes! Admission is \$25 per player with an extra door prize ticket if paid by February 14, \$30 per player after February 14 (if not sold out again). Admission includes a door prize raffle ticket, a single 3 by 20 game book, dinner, dessert, snacks *and fun*. Must be 18 or older to attend and no alcohol is allowed. For more information and to register, including reserved seating for 8 seat table player groups, contact Warren Pfister at [wpfreetoroam@gmail.com](mailto:wpfreetoroam@gmail.com). If February 21 does not fit your schedule or Bingo is not your thing, donations are also welcome.

***FertilityCare for Natural Family Planning and Women's Health:***

Please join us for a free introductory lecture on FertilityCare. Therese Rodriguez, RN, FCP, FertilityCare Practitioner will present a lecture on the basics of FertilityCare for natural women's health and family planning. FertilityCare is a method of holistic fertility awareness that can benefit women from teens through the menopausal years. Couples are encouraged to attend together. Information will be provided about private follow up sessions and materials for purchase.

The next lecture will take place on **Wednesday, February 12, 2020 from 7:00 - 9:00pm.**

To register, call 301-754-8800 or visit: [HolyCrossHealth.org](http://HolyCrossHealth.org).

***Study of Saints:***

Have you ever prayed for the intercession of a Saint? Often times when we do, we are invariably in need of something. Praying for the intercession of a Saint is like sending out an S.O.S. call for help. In this book club, we will read works by or about Saints. Through this Study of Saints (SoS), we will learn about the martyrs and religious who have dedicated their lives to God and learn what they are the Patron Saints of. By knowing our patron Saints, we can understand better whose constant intercession we can rely upon in sending our own SOS. The club meets on the fifth Sundays from 3:00-4:00pm in the Delacroix Conference Room at Our Lady of Lourdes. Enter through the glass doors on the driveway at the front of the church.

**The next meeting is March 29, 2020,** on *The Confessions of St Augustine of Hippo*, Ignatius Press 2012. Also free online at: <https://www.gutenberg.org/files/3296/3296-h/3296-h.htm>.

***Blessed Sacrament Bereavement Support Group:***

The Shrine of the Most Blessed Sacrament at 3630 Quesada Street, NW Washington, DC, 20015-2538, will offer an eight-week bereavement support group series for adults who have experienced the death of a parent, spouse, child, sibling or significant other. Our program provides:

† Confidential sharing in small groups

† Support that brings to light the depth of our pain

† Understanding how loss affects us emotionally, spiritually, physically, and mentally

† Coping mechanisms for difficult times such as holidays or special days when our loss is more likely to affect us and our families

† Suggestions for how to adapt to a life style without our loved one

† Suggestions for how to take personal care of ourselves

The Spring series will begin **Tuesday, February 25**, and continue for eight consecutive Tuesdays through April 14, 2020 from 7:00-8:30 pm. There is no fee but **REGISTRATION IS REQUIRED**. For more information contact Jim Hoffman at [hoffmanlpc@gmail.com](mailto:hoffmanlpc@gmail.com) or 202-577- 2213.

***January Ignatian Weekend Retreat:  
"Lord teach us to Pray:"***

**February 28 - March 1: Men**

Fee: \$245, First-time retreatants and Young adults (under 30) \$195.  
For more information contact Angel Restrepo at 301-392-0801.



***Please Join Us at a  
Loyola Retreat House Day of Prayer:***

**February 24, 2020: *The Greatest of these is Love***  
**March 9 and April 6, 2020: *Our Hope is in the Cross***  
**May 4, 2020: *Behold the Handmaid of the Lord***

Each Day of Prayer begins at 9:00am and includes: Continental Breakfast, Lunch and Mass. Fee: \$40.  
**To register visit:** <https://loyolaontheopotomac.com/registration-3/other-registration-form-10/>.

**Altar Flowers:**



If you would like to donate the Altar Flowers for a special intention, a special occasion, or in memory of a loved one, please call the parish office or email: [sgolden@lourdesbethesda.net](mailto:sgolden@lourdesbethesda.net) or [ctoms@lourdesbethesda.net](mailto:ctoms@lourdesbethesda.net). The donation for the flowers is \$150.00.

**Sick in Our Parish:**

Please pray for our sick brothers and sisters, especially **Alice McGurty and Deborah Townsend**.

**Bulletin Deadline:**

Please have your printed notices at the Rectory office or emailed to [office@lourdesbethesda.net](mailto:office@lourdesbethesda.net) by **Monday at 3:00 PM.**

**OLOL Sunday Meal For the Poor and Homeless:**

Takes place every Sunday from 4:00-6:00pm in the school cafeteria. If you'd like to volunteer to help serve the meal, sign up at: <http://vols.pt/3XNY26>. **Please, only come to volunteer if you've signed up ahead of time** — otherwise we tend to have more volunteers than we need. If you'd like to donate food for the meal, please bring it to the cafeteria on Sunday from 4:15-4:45 (use the blue door to the left of the school's main entrance). Food should be pre-cooked if cooking is needed. If you have any questions about the meal, send an email to [OLOLSundayMeal@gmail.com](mailto:OLOLSundayMeal@gmail.com) or call Dan Keen at 301-564-0077.

Volunteers also operate a "clothes closet" where our guests can obtain donated clothing. Bring donations from 4:30 to 5:15pm on Sundays (the room is down the long hallway from the cafeteria) or contact Dan Keen to arrange a pick-up at your home. Clothes to help keep our guests warm in the fall and winter are most needed now. We have very limited need for children's clothing or for formal clothing (suits, etc.) Please, nothing stained or torn.

**Finance & Administration:**

*"How shall I make a return to the Lord for all the good He has done for me?" (Psalm 116:12)*



**Third Sunday in Ordinary Time  
2020 Offertory: \$13,879**

**Our February Poor Box will be going to Maryland Right for Life. They are an organization that recognizes the fundamental value of every human life. MDRTL works to protect all human life by working to make abortion, infanticide, euthanasia, and the destruction of human embryos socially, legally, and morally unacceptable and by promoting positive alternatives to these acts. Thank you for your support.**

**Por favor, para ser parroquiano registrado, usted debe llenar y regresar la aplicación de abajo. A partir de ese momento usted recibirá vía correo una registración más detallada la cual usted debe llenar y regresar. Esto nos da información importante, como su información personal, los sacramentos que usted haya o no recibido, métodos de cómo prefiere usted colaborar en la misa dominical, etc. Por favor comuníquese con Claire Toms at [ctoms@lourdesbethesda.net](mailto:ctoms@lourdesbethesda.net) si tiene alguna pregunta.**

**Moving In, Out or Within the Parish?**

Please help us keep our records up-to-date by filling out this form and dropping it in the collection basket or rectory mail slot. Thank you.

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

\_\_\_\_ I/we am/are new to the parish. Welcome!

\_\_\_\_ Change of address within the parish. Thank you!

\_\_\_\_ I/we am/are moving out of the parish. God be with you!

Noticias en Español – 9 de Febrero de 2020



**Ustedes son la luz del mundo y sal de la tierra**

¿Quiénes eran aquellos discípulos? Eran pescadores, gente sencilla... Pero Jesús los mira con los ojos de Dios, y su afirmación se entiende precisamente como consecuencia de las Bienaventuranzas. Él quiere decir: si seréis pobres de espíritu, si seréis mansos, si seréis puros de corazón, si seréis misericordiosos... ¡Ustedes serán la sal de la tierra y la luz del mundo!

Para comprender mejor estas imágenes, tengamos en cuenta que la ley judía prescribía poner un poco de sal sobre cada ofrenda presentada a Dios, como un signo de alianza. La luz, entonces, para Israel era el símbolo de la revelación mesiánica que triunfa sobre las tinieblas del paganismo. Los cristianos, el nuevo Israel, reciben, entonces, una misión para con todos los hombres: con la fe y la caridad pueden orientar, consagrar, hacer fecunda la humanidad. Todos los bautizados somos discípulos misioneros y estamos llamados a convertirnos en un Evangelio vivo en el mundo: con una vida santa daremos "sabor" a los diferentes ambientes y los defenderemos de la corrupción, como hace la sal; y llevaremos la luz de Cristo a través del testimonio de una caridad genuina. Pero si los cristianos perdemos sabor y apagamos nuestra presencia de sal y de luz, perdemos la efectividad.» (*Ángelus de S.S. Francisco, 9 de febrero de 2014*).

**Anuncios:**

- ◇ Los invitamos a participar en el Retiro de Cuaresma el Sábado 29 de Febrero de 8:30am a 3:15pm en la cafetería de la Escuela. Habrá reflexiones, confesiones y cuidado de niños. Favor de traer algo de comida para compartir en el almuerzo.
- ◇ Todos los domingos a las 11:45am en la cafetería de la escuela tendremos actividades en español para todos los que gusten participar. Habrá charlas, confesiones y exposición del Santísimo Sacramento. Todos son bienvenidos.

**Regístrese o mantenga Actualizada su información:**

**Recorte el siguiente formato de inscripción y entréguelo en la Misa junto con la colecta o llévelo a la Rectoría.**

- Soy (somos) nuevo(s) en la Parroquia. **Queremos inscribirnos.**
- Llevo (tenemos) ya tiempo asistiendo a esta parroquia y **queremos inscribirnos.**
- Estoy (estamos) inscritos y **esta es la nueva dirección.**
- Ya no podré volver a esta parroquia. **Favor eliminar mi nombre de la lista.**

Por favor marque  
con una  según  
corresponda

NOMBRE: \_\_\_\_\_

DIRECCION: \_\_\_\_\_ APTO: \_\_\_\_\_ CIUDAD: \_\_\_\_\_

CODIGO POSTAL: \_\_\_\_\_ TELEFONO: \_\_\_\_\_ CORREO ELECTRONICO: \_\_\_\_\_